

JUNE 29 Half | 10km | 5.4km | 2km 2025

REGISTRATION IS NOW OPEN



Entry Period





CABBAGE MARATHON 17 TSUMAGOI HIGHLAND JUNE 29 2025

EVENT INFORMATION

Date

Opening Ceremony

June 29, 2025

8AM

Venue

Tokai University Tsumagoi Kogen Training Center Multipurpose Ground

Course

Baragi Highland Panorama Line Northern Route

Category

Distance	Eligibility	Fee	Start time
Half	Male: 16 years old+	¥ 5,500	9 AM
	Female: 16 years old+		
10 km	Male: 16 years old+		9:20 AM
	Female: 16 years old+		
	Couple Pair: 18 years old+	¥ 11,000	
5.4 km	Male: 13-15 years old	¥ 3,500	9:40 AM
	Male: 16 years old+	¥ 5,500	
	Female: 13-15 years old	¥ 3,500	
	Female: 16 years old+	¥ 5,500	
2 km	Male: 6-12 years old	¥ 3,500	9:45 AM
	Female: 6-12 years old	¥ 3,500	
	Parent & Child (0-12 years old)	¥ 7,000	9:47 AM

Check-in

All registered runners will receive a confirmation email upon successful registration to the email address used for registration. You must present the email at the check-in desk to collect your race kit. The check-in desk on race day is expected to be very crowded. We strongly encourage participants to complete their check-in on the day before the race.

Check-in Time

June 28, 2025 3PM-5PM Venue: Tokai University Tsumagoi Kogen Training June 29, 2025 5AM-8AM Center Multipurpose Ground (Check-in desk)

Race Kit

Race kit includes your bib number, timing chip, safety pin, brochures and other necessary items.

Getting to the Venue

By Train (From Tokyo - Takasaki - Tsumagoi)

Tokyo Station > Joetsu/Hokuriku Shinkansen (50 min)

- ► Takasaki Station ► JR Agatsuma Line (1 hr 30 min)
- ► Manza-Kazawaguchi Station ► Shuttle to the venue

By Train (From Tokyo - Karuizawa - Tsumagoi)

Tokyo Station ► Hokuriku Shinkansen (1 hr 10 min) ► Karuizawa Station ► Bus to Manza-Kazawaguchi Station (60 min) ► Shuttle to the venue

Shuttle Service

For the convenience of our runners, a free shuttle bus service will be available within Tsumagoi Village both the day before and on race day (no reservation required). However, please note that there will be NO shuttle buses or trains available at Manza-Kazawaguchi Station before

8:00 am on the race day, while the check-in counter closes at 8:00 am. If you plan to travel by train, we strongly recommend arriving the day before the race and staying overnight at a nearby hotel. For more information, please scan the QR codes.





Venue Information

